



FRESH - Continuing

Imagine: You have just found out that you have an open night to do something with your spouse. You have 3 min to plan, and plenty of extra money.

1. What will you do?
2. Where will you eat?
3. When will you get the kids?
4. Why haven't you planned a night like this already?

Why do we get married?

What does it mean to be happy? What does it require?

What does pursuing happiness produce?

What does it mean to be holy? What does it require?

What does pursuing holiness produce?

How can marriage work to bring both happiness and holiness?

What could be going on in our lives when our marriages aren't producing either?

Read: Psalm 51:10-12

How can we apply the content of this passage to marriage?

It's ok to come to the realization that you aren't happy. But it's not ok to remain there.

-Aaron Proffer

Why would it be a good thing to come to this realization? Is there a danger that comes with it?

A successful marriage will remember to remember. How do you remember what is important about your spouse? What is your favorite memory as a couple?

Read: Matthew 22:39

How is loving your spouse, actually loving yourself?

What is one thing your spouse does that makes you feel loved? (For singles, what makes you feel loved by someone?)

If a trial was held today based on how you showed love to your spouse in the last week, would they find enough evidence to find you guilty of loving them to give you:

- a. Life
- b. 15-20 years
- c. 2-3 years probation
- d. a weekend in jail
- e. or would they set you free to continue to do as you please?

Take time to pray for each family in the group, if able plan a time when as a group you can go out together for a fun group date night without the kids.