

## **Ghost. Haunted by our past, and trusting the Holy Spirit.**

Foreword - In CR groups we say, "Anonymity and confidentiality are basic requirements, what is shared in the group, stays in the group." Tonight's LifeGroup discussion may bring about thoughts and answers that may be sensitive and personal to those who choose to answer. Please keep the specifics of the conversation within the confines of your LifeGroup and respect each other by not conversing what was discussed outside of the group. Thank you.

The enemy will do all he can to devour us and hold us down, he especially likes to hold our past against us. The enemy wants to produce fear within us, because, **Fear is the greatest weapon the enemy uses to hold us back.** Share with you group some of fears that hold you back from being a completely bold disciple for Christ.

What are some of the "triggers" that cause your ghost to return and haunt you?

In the past, what was your "outward expression of your internal pain"? What about now, in the present?

Describe a time where you were able to use the experience of your past struggles to help someone through their current struggles.

Pastor Kelly said last week that fear is a reoccurring theme in this current series. Pastor Jeremy said, fear of the Lord isn't your typical fear. It isn't being scared of God, but rather a concern about what happens when we reject God or separate ourselves from Him (sin), or when we don't follow His call in our lives.

**When we are dealing with any overwhelming fear in life we need to be reminded of who God is. The Fear of God leads us to satisfaction. The Fear of God makes us bold.**

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Read the two following verses from Proverbs, and then discuss how "Fear of God" has moved you to feel satisfied? To have a bold confidence? To feel safe (refuge)?

***The fear of the Lord leads to life, and whoever has it rests satisfied; he will not be visited by harm. -***

***Proverbs 19:23 ESV***

***In the fear of the Lord one has strong confidence, and his children will have a refuge. - Proverbs***

***14:26 ESV***

***The thief's purpose is to steal and kill and destroy. My purpose is to give them a rich and satisfying life. - John 10:10 NLT***

***But when the Father sends the Advocate as my representative—that is, the Holy Spirit—he will teach you everything and will remind you of everything I have told you. - John 14:26 NLT***

When we listen and move according to the Holy Spirit's leading, our lives are so much more rich, satisfying, and we are led away from all fear. We also become more effective disciples. Can you recall the first time you felt the Holy Spirit speaking to you? Was it audible or was it an overwhelming sense to do something?

***For God called you to do good, even if it means suffering, just as Christ suffered for you. He is your example, and you must follow in his steps.- 1 Peter 2:21 NLT***

There are going to be times when you have to walk through pain or suffering as you choose to walk the righteous path with Christ. Tell about a specific time you felt you were struggling in the midst of your walk, only to find yourself in a better place at the end of the struggle.

**We are not meant to walk this life alone. Jesus didn't walk this earth alone, and we shouldn't either.**

Discuss how you could either be more willing to allow others to walk with you, or how you could be more proactive to come along side of others.