



HAPPY - Poor

Read: Matthew 5:1-12

The word Jesus repeatedly uses here is *makários* - which means blessed, happy.

In your own words what is the difference between being blessed and being happy? How are they similar?

Have you ever been blessed and yet unhappy? Explain that.

In Christ there are deeper truths and greater realities than the situations and circumstances we face.

How does faith in Christ really help you despite your circumstances?

Read: Hebrews 4:15

Thinking about your weaknesses and temptations, what does this verse mean to you?

As a man thinketh in his heart, so is he.
- Proverbs 23:7 KJV

In each of these verses, traditionally called the Beatitudes, Jesus calls us to counterintuitive thinking. How does Christ help change our thinking? How does that help?

Embracing the reality of our own Spiritual Poverty leads us to embrace humility.

Discuss Mother Teresa's Humility List. Which one is the hardest for you?

What is one action step you plan on taking this week? Who in the group, other than your spouse, will you call to share your attempts with? (everyone should try to connect through the week on this!)

Close in prayer