

Happily Forever After - Listen to My Heart

How to be C.H.A.M.P.S. of Communication

Compassion

Understand this, my dear brothers and sisters: You must all be quick to listen, slow to speak, and slow to get angry.

-James 1:19 NLT

Is there purpose in the progression listed here by James?

Listening test for Married or Engaged Couples. On the count of 3 rate yourself (right hand) and your spouse (left hand) on a scale from 1-5 (one being low, 5 being high) on how good of a listener you both are.

Did everyone rate themselves accurately?

What listening looks like:

- 1. They have your full attention.**
- 2. You ask clarifying questions.**
- 3. You rephrase things in your own words so they know you got it.**

What makes this hard to do consistently?

Honesty

Therefore, having put away falsehood, let each one of you speak the truth with his neighbor, for we are members one of another.

-Ephesians 4:25 ESV

we will speak the truth in love, growing in every way more and more like Christ, who is the head of his body, the church.

-Ephesians 4:15 NLT

How do you speak a difficult but necessary truth to someone you care about? Or is it just easier to avoid that conversation?

How does that go?

Have you ever wished someone would have had a tough conversation with you on something you were unwilling to see?

Assertive

But let your 'Yes' be 'Yes,' and your 'No,' 'No.'

-Matthew 5:37 NKJV

Why is it important to mean what you say and say what you mean?

What is necessary in order to do that?

Measured

There is one whose rash words are like sword thrusts,
but the tongue of the wise brings healing.

-Proverbs 12:18 ESV

A gentle answer deflects anger,
but harsh words make tempers flare.

-Proverbs 15:1 NLT

Don't use foul or abusive language. Let everything you say be good and helpful, so that your words will be an encouragement to those who hear them.

-Ephesians 4:29 NLT

In the message Kelly said, "The only way we grow more mature is by intentionally making mature choices, the only way we gain self control is by intentionally denying ourself for the benefit of the another, and the only way we find the time to effectively communicate is to take time and make time."

Do you agree?

What are 5 important choices we have to make in order to become mature as Believers?

Passionate

Confess your sins to each other and pray for each other so that you may be healed. The earnest prayer of a righteous person has great power and produces wonderful results.

-James 5:16 NLT

How has sharing your weakness and failures with another made your relationship stronger?

Simple

God is calling us to pursue understanding rather than being understood.

A fool takes no pleasure in understanding, but only in expressing his opinion.

-Proverbs 18:2 ESV

When opinions are powerful, how do we put them aside to pursue understanding?

Close in prayer:

Please pray for:

Easter Weekend activity

- Eggstraaganza
- Easter Services
- Salvation for those who need Jesus
- For those we are inviting

Downtown Campus

- Getting it completed
- For the teams starting ministry there

Our Church and it's Leadership