



When you think of the seven deadly sins, what comes to mind?

For reference:

The Seven Deadly Sins

1. Lust
2. Gluttony
3. Greed
4. Sloth
5. Anger
6. Envy
7. Pride

When you think of sloth, what comes to mind?

Is the sin of sloth really that big of a deal? If so, why do you think so?

Sloth comes from a word meaning “without care” and has been described as a deficiency of love. In what ways do you think sloth is a deficiency of love?

How do we kill the killer named Sloth?

What is mortification of the flesh?

The word mortify means “to kill or subdue.” In a biblical context, to mortify is to subdue the body (or its needs and desires) through self-denial and discipline.

The word mortify is found twice in the KJV...

Read Romans 8:13 in the KJV and discuss the concept of mortification of the flesh.

How does the Holy Spirit empower us to kill the killers?

When we put to death one of the seven, we're practicing mortification of the flesh. We're killing the killer and dying to ourselves.

Read: Romans 6:6

What does it mean to die to yourself, to be crucified with Christ?

The gospel gives us the hope we need to fight the sin of sloth. Read 1 Peter 1:3-5 and discuss how you can hold onto the hope of the gospel.

For the Christian, being slothful is not an option. Read the following verses and discuss the dangers of sloth:

Read: Proverbs 10:4, Proverbs 12:24, Proverbs 13:4

For each of the seven deadly sins, there's a counterpart, one of the seven heavenly virtues. To battle the sin of sloth, we need to develop the virtue of diligence.

Discuss the three ways to develop the virtue of diligence and how they will help kill the killer:

1. Be diligent in discipline
2. Be real with your zeal
3. Be serious about service

Take time to pray for awareness and conviction throughout this series, for the Holy Spirit to empower you to take action, and pray for each other.